



## AN INVITATION

The simple experience of waking up from sleep is natural and easy. It requires no effort, struggle, or will power.

This book invites you to “fall awake” with similar ease. First, you can fall awake to a full awareness of what you really want in all areas of your life. You can invent new possibilities and unleash inspiring passions. You can fall awake to all of the amazing details that make up the life of your dreams.

Second, you can fall awake to what you already know. You can recognize all of your achievements and acknowledge how accomplished you’ve become. You can tap into your natural brilliance. You can become more fully aware of your ability to make things happen and to turn your visions into realities.

And third, you are invited to appreciate more fully how wonderful your life is right now. Even while wanting more and recognizing that some things could be different, you can celebrate all of the wonderful and abundant attributes of your current life.

By reading, writing, discovering, and taking actions, you can fall awake and create the life of your dreams.

## THE POINT OF THIS BOOK

The fundamental message of this book is outlandish: You can get what you want and create the life of your dreams—no matter what your history and no matter what your current circumstances.

And you can create the life of your dreams in a relatively short amount of time—within days, weeks, or maybe as much as a few months—no matter how much money or time you have.

“Creating the life of your dreams no matter what your circumstances in a short amount of time” might sound like a late-night television advertisement for an expensive self-help program or a new religion. But I’m not asking you to part with your money, and I’m not trying to start a cult.

However, I *am* selling something. I want to sell you on the idea of applying the twelve Success Strategies described in this book. You can use the Strategies to create a life full of deep intimacy, vibrant health, full celebration, daily ecstasy, or whatever else you want.

The purpose of this book is to help you raise the quality of your life—immediately, dramatically, and permanently. I want this book to make such a difference that it becomes one of the three most influential books you’ve ever read.